

AGENDA

EVENT	Hours
Healthy Breakfast	8:00 AM
1st Speaker <i>Teresa Kittridge</i> Founder & President 100 Rural Women	8:45
2nd Speaker <i>Nevada Littlewolf</i> Executive Director of Children MN	9:15
Break	10:45
3rd Speaker <i>Mariah Prussia</i> Owner and Founder MPX Fitness	11:00
Lunch: Taco Bar	11:30
Keynote Speaker <i>Ann Bancroft</i> Polar Explorer	12:30 PM
Break: Fresh baked cookies and brownies, coffee, hot tea and water	1:45
Panel Women of Nevis	2:00
2nd Speaker <i>Jodi Heilman</i> Business Owner—Coach My Brand "Each participant will design their own vision board, a col- lage of images that represent goals and dreams"	2:30
Closing Remarks	4:00 PM

THANK YOU FOR COMING
Sharing..Networking..Learning..Inspiring

INFORMATION

REGISTRATION

♦ Begins April 1, 2022 to September 1, 2022
No tickets sold at the door

HOW CAN YOU REGISTER

1. Scan our QR Code



\$45.00/Ticket

Link to:
<https://tjeanderson.wixsite.com/nwclub/registration>

OR

2. Register through Park Rapids Community
Education (Summer/Fall Catalog)

Scan QR Code PR Community Education



Link to:
<https://parkrapids.registryinsight.com/>

LODGING

Block of rooms reserved at Northern Lights
Casino—Walker

QUESTIONS or to contact a member

<https://tjeanderson.wixsite.com/nwclub/>



Empowering Women To Lead



September 16, 2022

Northern Lights Casino
Walker, MN

Sponsored by:
GFWC Nevis Women's Club

In the fall of 2020, the GFWC Nevis Women's Club updated their strategic plan to include the intent to identify new goals and objectives. The women considered: How can our organization identify the hidden needs of our community and assist women in achieving their personal, career and civic aspirations? While there are organizations that provide crisis interventions, food support and other needed resources, what can be offered in addition that can have a positive and profound impact for women living in rural communities?

Traditionally, rural communities lack equal access to healthcare, good paying jobs that offer career pathways, have fewer safety nets for the poor, support for LGBTQ+community and suffer from geographic isolation.

The GFWC Nevis Women's Club has developed and will implement a women's conference designed to support and encourage women to grow and achieve success throughout their personal and career journeys.

KEYNOTE SPEAKER—ANN BANCROFT



TERESA KITTRIDGE

FOUNDER AND
PRESIDENT 100
RURAL WOMEN

POLAR EXPLORER



NEVADA LITTLEWOLF

EXECUTIVE
DIRECTOR
OUR CHILDREN MN



SPEAKERS

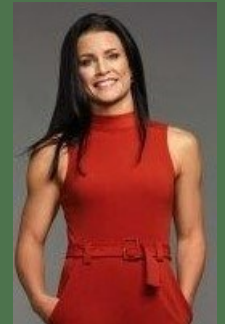
JODI HEILMAN

BUSINESS OWNER
COACH MY BRAND



MARIAH PRUSSIA

OWNER AND FOUNDER
MPX FITNESS



This event will provide attendees
*with ideas and tools they can immediately put into action.
The full day event will offer engaging and thought
provoking speakers, interactive activities and networking
opportunities for women of any age.*



Ann Bancroft-Polar Explorer