

# The President's 2016 – 2017 Winter Newsletter November - January



## GFWC COME BUILD WITH US!



Here's a message from our GFWC-MN President, Pat Mumm. . .

"I hope everyone had a great Thanksgiving and Christmas holiday eating lots of turkey and making it through the Christmas parties, the New Years Parties, the snow, and the cold weather. I am looking forward to the days getting longer if not warmer and it is now time to plan all our GFWC district conventions and the state convention. Put the dates on your calendar so you don't run into a conflict. You won't want to miss the 2017 conventions! And remember that the state convention is in Bloomington, right by the Mall of America! I belonged to GFWC for quite a few years before I went to my first district convention. I didn't realize that there was anything beyond my own little club in my own little town. Then a friend convinced me to go to a district convention and I was amazed. So many terrific ladies doing so many terrific things! It really showed me what a great organization this is and just how much we can accomplish when we all work together. Then of course I went to a state convention and found a whole lot more terrific ladies! I began to see how things are connected. There were plenty of members willing to answer my questions and explain more about GFWC. Each step I took taught me more and more about the organization. We all do a whole lot of wonderful things in our communities but joining together with the other clubs in our state and in our nation allow us to accomplish even more. We may not think we matter that much but we really do. Many laws have been passed and many lives have improved through the work of GFWC. Every single member makes us stronger. Every single member matters. So, I want to encourage you to attend your district convention and the state convention. Talk your club friends into attending the conventions with you! Let's have a record breaking number of first-timers this year! So get the dates on your calendar and I hope to see ALL of you at the state convention!"

"I am planning to attend as many district conventions as I possibly can (E.C. in Edina, N.W. in Fosston, S.E. in Winthrop, and S.W. in Windom). Where there is a conflict of dates, one of the GFWC-MN Executive Board Members will attend (Central in Blackduck – 2nd Vice-President Linda Blue, N.E. in Virginia & W.C. in Starbuck – President Elect Jean Walker). I would like to ask the District Presidents to please contact your attending GFWC-MN Officer with the time and place of your convention. Also, let her know the agenda and if there is a particular topic you would like her to talk about."



The "GFWC-MN 2017 EMPOWERING WOMAN PROGRAM" is the perfect way to honor one of your outstanding club members. Every odd year, GFWC of Minnesota gives your club the opportunity to honor one clubwoman who demonstrates the unique quality of empowering other women and their club. This is your chance to honor her during the GFWC of Minnesota Annual Convention in Bloomington on Saturday, May 6, 2017. Also, you could honor her during your District Convention.

The following attributes best describe a GFWC Empowering Woman – She demonstrates outstanding contributions to your club and its projects. She exhibits significant leadership qualities and the ability to encourage others to develop their leadership skills. She always portrays a positive attitude and a willingness to empower others.

Please write a brief half-page description of your Empowering Woman's contributions to your club and how she has empowered others. Be sure to include her activities at the GFWC District, State or International levels. Please include a photo suitable for reproduction. The information and photos you provide will be compiled into a commemorative booklet for distribution at the state convention's Empowering Woman Banquet.

**Please submit your material by March 1, 2017 to:**  
**Pat Mumm, GFWC-MN President,**  
**47881 310th Street, Hancock, MN 56244 – or [patmumm@gmail.com](mailto:patmumm@gmail.com)**



## Mark Your Calendar!

May 5 – 7, 2017  
GFWC-MN Convention  
Bloomington, MN

June 23 – 26, 2017  
GFWC International Convention  
Palm Desert, CA

August 11 & 12, 2017  
GFWC-MN Fall Council  
Little Falls, MN

September 21 – 24  
GFWC Mississippi Valley  
Regional Convention  
Moravia, Iowa

April 24 – GFWC Federation Day

### 2017 GFWC-MN District Conventions

April 01 – Central, Blackduck  
April 18 – East Central, Edina  
April 18 – Northeast, Virginia  
April 08 – Northwest, Fosston  
April 22 – Southeast, Winthrop  
April 01 – Southwest, Windom  
April 22 – West Central, Starbuck

Want all the latest GFWC-MN information and updates? Go to: [www.gfwcofmn.org](http://www.gfwcofmn.org)

Want to know absolutely everything about GFWC? Visit: [www.gfwc.org](http://www.gfwc.org) or connect to their other social media platforms:



**GOT FACEBOOK?**  
Be a friend on  
"GFWC of Minnesota"!!

If you haven't yet subscribed to **GFWC News & Notes**, what are you waiting for? Signing up is easy and gives you access to timely news items from Headquarters, our partners, and our work on a national and local scale. Simply provide your name, mailing address, email, and club name to GFWC Membership Services Manager Kate Garlick at [kgarlick@gfwc.org](mailto:kgarlick@gfwc.org).



★The Grant County Herald published a December article  
★about GFWC Elbow Lake Study Club. . .



Second graders enjoy their new reading material.

## The gift of *Kind News*

Elbow Lake Study Club members, Pam Lyson and Elaine Anderson, introduced the magazine, *Kind News* to Melissa Anderson's and Jessie Simon's students on October 18. The Elbow Lake Study Club gave a two-year subscription of the magazine to the second grade classes in Elbow Lake and in Kensington, thanks to a grant from Thrivent Financial Action Team.

The students were very enthusiastic and anxious to get the magazine. They were encouraged to read and discuss the articles with their parents and some excitedly commented on visiting the "new" library. The students wrote thank you notes to Thrivent Insurance for the generous grant.

*Kind News* is an eight-page, bimonthly magazine for elementary schoolers.

The theme of *Kind News* is kindness to people and animals and respect for natural habitats. The magazine's emphasis on values such as fairness, compassion and respect encourages good character in children, and its colorful design, simple vocabulary and engaging subject matter help get children into the reading habit <[www.humanesociety.org](http://www.humanesociety.org)>.

The '*Kind News*' magazine is a publication by the Humane Society of United States. The article was written by Judy Gunderson, President of GFWC Elbow Lake.

★ **The GFWC Nevis Study Club goes Nuts!** "Terri Lynn", one of the GFWC endorsed partnerships, provides a super fundraiser program of selling their nuts and other great goodies. Each fall for several years, the Nevis club has a Terri Lynn club fundraiser that gives their friends and family the opportunity to purchase healthy and delicious gourmet products. This year the club's profit was 28% of their sales and the fundraiser was a success! The Nevis Club states, "*Definitely check out this GFWC fundraiser program. The products are wonderful and the company is so helpful and easy to work with.*"

For information, visit Terri Lynn at [terrilynfundraising.com](http://terrilynfundraising.com) or call toll-free 800-323-0775 and ask for Department GFWC15.



(L. to R.) Gail Walters, Gail Hermann, Pat Mumm, Nevis Co-President Lollie Hanson, Kathy Carney, Stacey Skiness, and Becky Anderson

★The GFWC Nevis Study Club was honored to have our GFWC State President, Pat Mumm attend their October Meeting. . .

Their Guest Speaker was retired Pastor Duane Gebhardt who now chairs the Habitat for Humanity Project. He spoke to them about the many phases of the HFH program, both legal and how the applicants are selected. He invited the club members to volunteer in building in any effort here or in another area. Interest was expressed by several members. Duane was presented with a \$100.00 check to use towards their current HFH project. Pat Mumm spoke about the many ways of branding GFWC clubs.



**Do you have club news you would like published in this newsletter?**

Just paper mail or email your articles and photos to the Editor:

**Karla Mayhew, 5243 Minnetoga Terrace,  
Minnetonka, MN 55343 or  
[karlamayhew@comcast.net](mailto:karlamayhew@comcast.net)**

The deadline for the next newsletter is

**April 22, 2017**



**EXTRA, EXTRA. . .  
READ ALL ABOUT IT!!**

Keep your eyes open for the

"Special Edition" of the GFWC-MN President's Newsletter coming out in March!! It will contain everything you would ever need to know to sign up and attend the **2017 GFWC-MN State Convention** in Bloomington, May 5th – 7th.

### ★★ IMPORTANT MESSAGE ★★

From the GFWC-MN Historian, Kay James. . .

Will the following clubs listed below please send Kay **ASAP** a copy of your 2016 - 2018 club directory or just a list of all your members with their address, email, and phone number. This information will go into the 2016 - 2018 GFWC-MN album that will be given to the Minnesota Historical Society.

**Send your directory or list to: Kay James, 31321 Forest Trail, Park Rapids, MN 56470 or by email to [kaydon@paulbunyan.net](mailto:kaydon@paulbunyan.net).**

Belgrade Readers Club GFWC  
Blackduck Tri Sigma GFWC Study Club  
Royaltown Woman's Study Club GFWC  
GFWC of Delano  
Virginia Study Club GFWC  
GFWC Hibbing Area  
GFWC Library Club (Mahnomon)  
GFWC Zehlans  
GFWC Athenian Women's Club  
GFWC Women's Club of Crookston  
GFWC Warren Woman's Club  
GFWC Woman's Study Club of Underwood  
GFWC Woman's Club of Stephen  
Ladies Tourist Club GFWC  
GFWC Silver Lake  
Audacia GFWC Study Club  
GFWC Tourist Club Windom  
Soros Study Club GFWC  
Elbow Lake GFWC  
GFWC Glenwood Literary Club  
K.I.P. GFWC



★ GFWC West Suburban Women's Club's members and guests had a wonderful time at their annual December Holiday Luncheon. . .



(L. to R.) Joan Haldeman, Janet Lassell, Lorraine Prazich, Committee Co-Chairs Charli Johnson & Diane Nelson

The Ways & Means Committee had no problem quickly selling out all the yummy holiday goodies at their bake sale fundraiser!



The club started their holiday party by socializing with punch and coffee followed by a plated lunch and then ended their festivities with wonderful entertainment by the "Tapestry Contemporary Musical Group".

Club members generously donated 'Holiday Wish List' items and gift cards for the Home Free Domestic Violence Shelter that had an in-kind value of \$1,900.00. Pictured are the We Share We Care Committee Chairs Jamie McReynolds & Jean Dunn. They collected the items and delivered them to the shelter.

★ When GFWC-WSWC was not partying for the holidays, the members were volunteering at ResourceWest's December "Toy Chest Program" helping to distribute toys to children of needy families. ResourceWest is a non-profit agency in Hopkins that serves low-income families and individuals living in the Twin Cities west metro communities. From crisis, to action, to hope the services of ResourceWest stabilize families and ultimately help build healthier communities one neighbor at a time. GFWC-WSWC also volunteers at their "Back to School Drive" and their "Winter Warm Wear Drive".

★ The GFWC Progress Study Club of Browns Valley celebrated Christmas at their December 15th Meeting. The meeting's traditional roll call included the showing of their gifts donated to the Browns Valley Health Center and a second Christmas donation to the local food shelf. The club's other winter activities included playing cards with nursing home residents, literacy coaching at Browns Valley School, and preparing study topics for their club meetings.



*Editor's Comment: The West Central District's GFWC Progress Study Club of Browns Valley (founded in 1900) is a club of just three wonderful dedicated members. They deserve a shiny gold star for their continued commitment to GFWC and for being active volunteers and an important part of their community. As Pat Mumm would say, "I hope you know how valued you are!" In 2017 the ladies will be busy brainstorming plans to try and increase their membership.*

#clubgeekmotto

ESC

**On the keyboard of life,  
always keep one finger  
on the escape key.**

★ GFWC Winthrop Woman's Club participated in the county-wide "Santa's Helpers Toy Drive"



Santa's Helpers is a county-wide Christmas Toy Drive coordinated by the Sibley County Public Health and Human Services. For many years the Winthrop Club members have volunteered to help this worthy project. This year members send out letters stating the need for toys, collected money, shopped for gifts and helped wrap gifts as they were being picked up. Santa's Helpers has multiple community donations drop-off sites and pictured (L. to R.) are Co-Presidents Karen Klenk and Yvonne O'Brien at the Winthrop Perennial Bank drop-off location. This year the Winthrop GFWC helped collect toys with an in-kind value of \$2,163.00!

★ Members of the GFWC Starbuck Study Club volunteered at the food booth for the "Christmas Extravaganza" in Starbuck.



(L. to R.) Joann Holton, Lorie Billehus, Deb Kussisto, and Nancy Baker

The November 5th fundraiser event was sponsored by 'Someplace Safe', a nonprofit organization that works to eliminate domestic violence in West Central MN and beyond. They provide emergency service and support for victims of violence and their families.





★ Jean Walker, GFWC-MN President Elect and Membership Chair has a message for GFWC Sisters. . .

By the time this Newsletter is published you have finished your club reporting (I hope every Club did a membership report). Membership is a very important program of GFWC! If we continue losing members and clubs, who will be around to better the lives of our neighbors and our communities? I am asking you to please **send me the names and contact information of the new members of your club along with the recruiters name.**

Here is the current nationwide ♦♣ GFWC'S "IT'S THE REAL DEAL" ♥♠ Membership Recruitment Campaigns:

GO FISH FOR MEMBERS – June, July, August (Report due September 1)  
 BRIDGE THE GAP – September, October, November (Report due December 1)  
 GAME OF HEARTS – December, January, February (Report due March 1)  
 52 PICK UP - A MEMBERSHIP TOOL – March, April, May (Report due June 1)

We want to celebrate your club members' recruitment successes by awarding you with GFWC Star Recruitment Pins and Circles. The first five awards, recognizing members who have recruited 5 to 29 new members, are small, star-shaped pins with a butterfly clasp and a chain that attaches to the stem of the GFWC Member Pin. Members who have recruited 30 to more than 50 new members will be awarded the appropriate color circles to wear behind their star pins. Here are the 10 levels:

White ★ – 5 to 9 new members	White Circle – 30 to 34 new members
Red ★ – 10 to 14 new members	Red Circle – 35 to 39 new members star
Blue ★ – 15 to 19 new members	Blue Circle – 40 to 44 new members
Silver ★ – 20 to 24 new members	Silver Circle – 45 to 49 new members
Gold ★ - 25 to 29 new members	Gold Circle – 50+ new members

★ GFWC-MN also has a further recruitment incentive. There will be a special prize for the Club and the Club member that recruits the most members in the 2016-2017 membership year. The prize will be awarded at the 2017 GFWC-MN State Convention in Bloomington. So please do not forget to send me your new members names and information.

There are so much membership tips and valuable information packed into the 2016-2018 GFWC Club Manual's "Membership Advancement" section. The newsletter couldn't possibly print all (18) pages, so I would like to encourage you to read it online at: [www.gfwc.org/membership/clubmanual](http://www.gfwc.org/membership/clubmanual), then click on the 'Advancement Guides' + (plus sign), Then scroll down to 'Membership Advancement Guide' and click on it. The (18) page PDF should open for you.

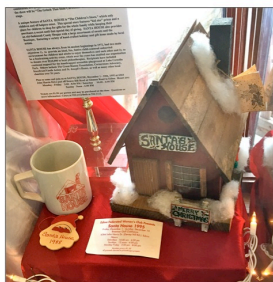
If you have questions or need assistance with anything, please don't hesitate to contact me at: [jmwalker1992@gmail.com](mailto:jmwalker1992@gmail.com) or 218-686-1829. Thank you for all you do for GFWC of Minnesota...Jean Walker, 426 E. Ross Avenue, Warren, MN 56762.

★ The Edina Federated Women's Club GFWC wishes everyone a very happy 2017!

Throughout 2016, our members enjoyed preparing dinners at the Sojourners Domestic Violence Shelter. The shelter has been serving the west metro area of the the Twin Cities since 1979.

In November, our new members attended a "Coffee" giving them the opportunity to get to know the EFWC Board Members and learn about our club's history.

A wonderful time was had by all at our annual Christmas Party at which we collected \$735.00 worth of gift cards to give to Sojourners. The party-goers talked about the EFWC "Santa House" that was part of a December display at the Edina Historical Society. We reminisced about the (24) years that our "Santa House" was a major EFWC fundraiser and community event that was held at the Braemar Golf Course. The place was transformed into a "Santa Land" with a Mrs. Santa's kitchen, Santa's workshop, Children's gift shop, and puppet shows. After many months of collecting memorabilia, we are excited that The Edina Historical Society has agreed to house the collection and that the EFWC legacy is preserved.



★ The Ladies Tourist Club GFWC of Henderson and their guests from the GFWC Winthrop Woman's Club met in December at the Henderson RoadHaus. New member, Beth Cornish was installed and welcomed by Past State President Judy Loewe. District President Barb Dietl spoke of her experiences learning new events, schedules and routines in life. Everyone had a great time chatting about their club's work in their communities. (Pictured front row L. to R.) Club Pres. Susan Felmlee, Doris Wigand & Arlene Bussew. (back row L. to R.) Judy Loewe, Leeann Reinhardt, new member Beth Cornish, Guests Karen Klenk & District Pres. Barb Dietl.





★The GFWC Silver Lake Women's Club and Mayor of Silver Lake organized the annual December "Silver Lake Winter Festival" held at the Silver Lake Auditorium. Many town businesses and organizations contributed money and sponsored the event. Throughout the afternoon there were horse-drawn rides, free sandwiches & food, live music, a children's coloring contest, drawings for door prizes, and lots of fun for everyone. The club donated (3) dozen cookies, \$20.00 for prizes and \$50.00 as a sponsor. That same day, children could visit Santa and Mrs. Claus at the Silver Lake American Legion. Pictured are many of the club ladies helping out at the festival.

Also, in November the Mayor hosted a free Thanksgiving Dinner and again many businesses and organizations donated money which included \$50.00 from the Silver Lake club. The club ladies helped prepare the meal and many members made the pies and desserts.



★ **A Message from GFWC of Minnesota Jennie Award Chair, Sherry Wellman. . .**

Although GFWC International and GFWC of Minnesota have many important awards, the "GFWC Jennie Award" is the medal of honor. It is the only national GFWC award that recognizes individual members for their personal excellence. This is an award for a lifetime of personal excellence. It is the highest honor bestowed by GFWC!

The Jennie Award recognizes outstanding performance as a volunteer through a commitment to club, a commitment to community and a commitment to family. It honors one very special clubwoman from each of the eight GFWC regions each administration. They are chosen by their clubs to compete at state, region, and international levels with the final honor bestowed at the GFWC International Convention.

**Here's how to get started nominating your clubwoman –**

- ✓ Learn everything you need to know by going to the GFWC website, [www.gfwc.org](http://www.gfwc.org). find the '2016-2018 GFWC Club Manual' and open the section on the *Jennie Award* under 'Awards, Contests and Grants'.
- ✓ Clubs should identify an outstanding nominee who demonstrates the qualities outlined under the manual's 'judging criteria'.
- ✓ Nominations should emphasize a member's entire lifetime of service.
- ✓ Clubs should complete and submit the official 'GFWC Jennie Award Nomination Form' downloaded from [gfwc.org](http://gfwc.org) website's club manual.
- ✓ Along with the official form you must submit a (maximum 500 word) written narrative describing the nominee's club activities, participation in community groups and organizations (volunteer and professional), and commitment to her nuclear or extended family.
- ✓ It's important to submit supportive materials:
  - Photograph of nominee (maximum 5x7 inches)
  - two or three newspaper clippings about projects to which member contributed (does not have to have her name specifically mentioned)
  - Letter of endorsement from the club president
  - Letter of endorsement from a representative of another organization
- ✓ The nomination forms and all supporting materials including photographs, will not be returned. The nominee's packet of supporting materials should be written and presented as professional as possible, as it may be judged at different levels by influential community leaders. First impressions do count!

**Clubs must submit their nomination form & informational materials before June 1, 2017 and must be mailed to:**  
**Pat Munn – GFWC-MN President, 47881 310th Street, Hancock, MN 56244**

Each state president submits one nominee to her respective regional president. She also forwards the name of her state finalist to the International GFWC Jennie Award Chair. Region-level judges will choose two from each region to be submitted to GFWC headquarters. One clubwoman from each of the eight GFWC regions will be selected for national recognition as a GFWC Jennie Award winner. All eight will be awarded: roundtrip transportation to attend the annual GFWC International Convention in St. Louis, Missouri in June of 2018 (note: winners are expected to attend the convention). A Medal of Honor and a special certificate are presented by the GFWC International President.

If you have questions or need more information you can contact:

**Sherry Wellman, GFWC of MN Jennie Award Chair** at: [sherrywellman56@gmail.com](mailto:sherrywellman56@gmail.com) – Cell: 218-289-1275 – Home (mid Apr-Sep): 218-945-6749 or **Jackie Boland, GFWC International Jennie Award Chair** at: [jackieboland@hotmail.com](mailto:jackieboland@hotmail.com) – Phone: 803-791-8995



★ Karen Kaler, GFWC-MN Domestic Violence Chair has an important question for us. . . What is Elder Abuse?



According to the *National Center on Elder Abuse*, elder abuse refers to intentional or negligent acts by a caregiver or 'trusted' individual that causes (or potentially causes) harm to a vulnerable elder.

The most common categories of abuse are:

✓Neglect ✓Physical abuse ✓Sexual abuse ✓Financial abuse and exploitation ✓Emotional or psychological abuse and neglect (including verbal abuse and threats) ✓Abandonment ✓and Self-neglect

Throughout the year, there are many holidays and observances that can provide your club with the opportunity to honor older individuals and raise awareness of elder abuse. These observances provide unique opportunities to engage public attention, enlist public support, and generate activity and involvement at a grassroots level. Elder abuse can happen to anyone – a loved one, a neighbor, and affects seniors across all socio-economic groups, cultures, and races. And it can occur anywhere –in a person's home, in nursing homes, assisted living facilities and in hospitals.

Just how big is the problem?

Although there has been relatively little research on incidence and prevalence of elder abuse, a recent study indicated that approximately 11 percent of US elders surveyed had experienced some type of abuse or potential neglect during the previous year. It is important to note that this survey did not include elders with dementia, a segment of the population believed to be at even greater risk for mistreatment, or elders living in long-term care facilities. (Acierno, R. et al. 2010. *"Prevalence and Correlates of Emotional, Physical, Sexual, and Financial Abuse and Potential Neglect in the United States: The National Elder Mistreatment Study."* American Journal of Public Health, Vol. 100, 292-297.) Research suggests that elder abuse is significantly under-identified and under-reported, and that as few as (1) in (14) cases of elder abuse come to the attention of authorities. (*National Elder Abuse Incidence Study*. 1998. Washington, DC: National Center on Elder Abuse at American Public Human Services Association.)

Who is at risk for abuse, neglect and exploitation?

The older population in America is continuing to grow and will burgeon between the years 2010 and 2030 when the "baby boomer" generation reaches age 65. By 2030, there will be about 72.1 million older persons, comprising almost 20 percent of the total population, nearly twice as many as in 2007. The 85+ population is projected to increase to 6.6 million in 2020, a 15 percent increase from 2010. It is estimated that elders throughout the US lose a minimum of \$2.9 billion annually due to elder financial abuse and exploitation. (*Elder Financial Abuse: Crimes of Occasion, Desperation and Predation against American's Elders*. 2011. MetLife Mature Market Institute.)

Here are some Activities that your GFWC Club can do. . .

- ✓Organize a candlelight vigil in recognition of "World Elder Abuse Awareness Day" (June 15, 2017).
- ✓Host a rally on World Elder Abuse Awareness Day and invite seniors, advocates, spokespersons, and government officials to talk about the issues and the ways that citizens can become involved in prevention.
- ✓Distribute elder abuse public awareness materials at a local sporting event, concert, or fair.
- ✓Purple is the color that has been designated for elder abuse awareness by the International Committee for the Prevention of Elder Abuse. Wear purple at your activity in recognition of World Elder Abuse Awareness Day.
- ✓Partner with a local nursing home for a World Elder Abuse Awareness Day barbeque or picnic. Include activities and food for residents and their families, staff, and the community. Ask volunteers to bring food and games to play and coordinate the activities with nursing home staff. Invite the press for added exposure and increased elder abuse awareness.
- ✓Organize a collection of robes, socks, pajamas, sweat pants and shirts that can be donated to senior citizen centers or nursing homes.
- ✓Hold a community yard sale at a central location such as a senior center or church/synagogue with proceeds going to an elder abuse support group or community outreach efforts to help elderly in crisis.
- ✓Organize a "Letter to the Editor" writing campaign to raise awareness not only of elder abuse but of the local resources that are available in your community on aging offices, and other organizations. Be sure to include contact information and hotline/helpline phone numbers as well as web addresses for relevant organizations.
- ✓Clothesline Show: Sponsor a t-shirt design contest or activity with a youth group or scout troop. Ask contestants to depict the themes related to elder abuse. Display the shirts on a clothesline at a senior center, health fair, or other World Day event.
- ✓Student Arts or Essay Competition: Work with your state Attorney General's office, Division of Aging, Department of Education, local newspaper, school district, or other organization to sponsor a similar contest on a theme such as: Why Should I Care About Elder Abuse? Use winning entries.
- ✓Organize a "Chore Store": Elders who still live in their own homes may be finding it more difficult to maintain their houses or need help running errands. Have a community group, senior center, neighborhood association, or faith-based organization develop a directory of members willing to share time or resources at no cost or greatly reduced fees (for example, lawn work, small repairs). Circulate the directory to elders who may need these services.

For More Information:

For more ideas on how to become involved, check out the *Community Guide to Raise World Awareness on Adult Abuse*, developed by the International Network for the Prevention of Elder Abuse,. To access the toolkit, visit "WEAAD Resources" at <http://www.inpea.net/weaad.html>

Or you can reach Karen Kaler at [karenkaler0505@gmail.com](mailto:karenkaler0505@gmail.com) – 952-402-0651



★ Dorothy Anderson, GFWC-MN Arts Program Chair has a message for everyone. . .  
**EXPRESS YOURSELF CREATIVELY** and enter a GFWC Writing Contest!

The GFWC Writing Contests seeks to provide an avenue for GFWC members and community youth to freely express themselves and draw upon their experiences through writing. These submissions illustrate the talent of GFWC members and are a reflection of our communities. GFWC offers short story and poetry contests for members and youth in the communities GFWC serves. Below are the information and rules to enter.

Please send your entry by **February 22, 2017** to:  
Dorothy Anderson, P.O 321, Belgrade, MN 56312 or [dorothyanderson@yahoo.com](mailto:dorothyanderson@yahoo.com)

2016-2018 GFWC CLUB MANUAL

# WRITING CONTESTS

## AWARDS, CONTESTS, and GRANTS

Visit [www.GFWC.org/membership/club-manual/](http://www.GFWC.org/membership/club-manual/) for updates and more information.

### EXPRESS YOURSELF CREATIVELY

The GFWC Writing Contests seek to provide an avenue for GFWC members and community youth to freely express themselves and draw upon their experiences through writing. These submissions illustrate the talent of GFWC members and are a reflection of our communities. GFWC offers short story and poetry contests for members and youth in the communities GFWC serves.

#### 2016-2018 WRITING CONTESTS

**Mary Kaye Ernest, Chairman**  
3318 West River Drive  
Mequon, WI 53097  
262-377-6118  
mkerne@wi.rr.com

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**Mary Kaye Ernest, Chairman**  
3318 West River Drive  
Mequon, WI 53097  
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#### GFWC MEMBER CONTESTS

- Authors must be dues-paying members of an active GFWC club.
- Entries must be typed, double-spaced, printed on one side only, with minimum margins of one-inch on all four sides, on 8.5 x 11-inch paper.
- Entries must be written during the contest year (January 1-December 31).
- Entries must have the following on the top right hand corner of each page:
  - Author's name, email address, mailing address, and phone number
  - Name of author's GFWC club and state federation
  - Category
  - Title of work
- Authors must be amateurs; earnings from writing may not exceed \$500 annually.
- Entries may not have been published prior to the competition and must be original works by the author.
- A **signed GFWC Creative Arts Waiver** must be included with each submission.
- Short stories are limited to 2,000 words.
- Poetry entries can be any style, with a minimum length of eight lines and a maximum of 50 lines.
- One entry per member per category.

#### YOUTH WRITING CONTESTS

- Entries must be typed, double-spaced, printed on one side only, with minimum margins of one-inch on all four sides, on 8.5 x 11-inch paper.
- Entries must be written during the contest year (January 1-December 31).
- Entries must have the following on the top right hand corner of each page:
  - Author's name, email address, mailing address, and phone number
  - Name of the GFWC club and state federation submitting author's work
  - Category
  - Title of work
- Grade Level Category
  - Category 1:** Grades K, 1, and 2
  - Category 2:** Grades 3, 4, and 5
  - Category 3:** Grades 6, 7, and 8
  - Category 4:** Grades 9, 10, 11, and 12
- Authors must be amateurs; earnings from writing may not exceed \$500 annually.
- Entries may not have been published prior to the competition and must be original works by the authors.
- A **signed GFWC Creative Arts Waiver** must be included with each submission.
- One entry person per person per category.
- Short stories are limited to 2,000 words.
- Poetry entries can be any style, with a minimum length of eight lines and a maximum of 50 lines.
- The Six Traits of Writing will be used in the judging of the Youth Writing Contest.

#### CLARIFICATIONS AND FREQUENTLY ASKED QUESTIONS

- Manuscripts will not be returned. Authors should keep a copy.
- By submitting your short story or poem to GFWC, you are providing GFWC with royalty-free perpetual license to use, reproduce, post, display, create derivative works, sell, license the work in any media known or later invented without limitation, for commercial or non-commercial purposes.
- A completed and signed GFWC Creative Arts Waiver must be submitted with each entry.

★ It's not too late to get started or even finish your arts and crafts project and enter it in your District Convention's Arts & Crafts Contest and the GFWC-MN Contest at the State Convention in Bloomington. The artistic talent in our clubs is phenomenal and it always exiting to get to see it! Below is the "GFWC-MN Arts & Crafts Category List" which you can also request from your club's arts chair or find on the GFWC-MN website at [gfwcofmn.org](http://gfwcofmn.org).

#### 2017 - 2018 GFWC-MN ARTS & CRAFTS CATEGORIES LIST

Entries must have won blue ribbons or their equivalents at district shows or displays in all categories except the starred photographic categories. Therefore each district may enter only one item in each unstarred category from a member, one from a student, and one from a handicapped community member.

Attach a note with the category number (i.e. C-1) and either choice of **Member** or **Student** on one side and on the other side, the creator's name, sponsoring club and district, and a brief description of the entry.

Student art also must be properly categorized and labeled. Students or their teachers should do this. Items entered in the wrong category may be moved by the judge(s) or the coordinator of the show. If there are any items in a category, even only one, a blue ribbon must be given.

C-1 Needlepoint (including. klokkestreng, lace net darning)	C-34 Ceramics, pre-molded forms
C-2 Counted Cross Embroidery	C-35 Pottery, original form
C-3 Cutwork Embroidery, Hardanger	C-36 Leather and Metal Tooling, Wood Burning, Stained Glass, Tin Punch
C-4 Other Embroidery (chicken scratch, crewel, candle wicking, trapunto)	C-37 Woodworking (toys, ornaments)
C-5 Knotting (tatting, macramé)	C-38 Wood carving, Whittling
C-6 Lace (Battenberg, hairpin, broomstick)	C-39 Nature Crafts (dried floral, driftwood, shells, rocks)
C-7 Combination needlework	C-40 Artificial Flower Arrangements
C-8 Knitting, Large pieces (sweaters, afghans)	C-41 Basket making, Wheat weaving
C-9 Knitting, Small pieces (mittens, hats)	C-42 Calligraphy
C-10 Machine Knitting	C-43 Paper Cutting
C-11 Crocheting, Large pieces (sweaters, afghans)	C-44 Miscellaneous Crafts
C-12 Crocheting, Small pieces (dolies, scarves)	V-1 Painting- Oils
C-13 Weaving	V-2 Painting4 Acrylic, Tempura
C-14 Rugs (hooked, braided)	V-3 Painting, Watercolor
C-15 Quilting, Large pieces (perimeter 200" or more)-Hand quilted by maker	V-4 Pastels, Chalk, Crayon, Marker
C-16 Quilting, Large pieces-machine quilted by maker	V-5 Charcoal
C-17 Quilting, Large pieces- quilted by other	V-6 Ink
C-18 Quilting, Small-hand quilted by maker	V-7 Scratch Art
C-19 Quilting, Small-machine quilted by maker	V-8 Pencil
C-20 Quilting, Tied	V-9 Sculpture (plastic, clay, wire, stone, concrete, paper-mache, metal)
C-21 Applique	V-10 Printing, Stamping from original block
C-22 Sewing, apparel (incl. quilted garments)	V-11 Computer-generated Art
C-23 Sewing, home decorating	V-12 Mixed Media
C-24 Stuffed toys (including dolls)	V-13 Snapshot
C-25 Doll clothes	Photography entries must follow the GFWC guidelines as described in the GFWC Manual under GFWC Photography Contests. This information is in the Contests section--not the Arts Section.
C-26 Decorating a ready-made garment	★V-14 Members only-Volunteers in Action Categories for Members and Students:
C-27 Rosemaling, Tole Painting, China Painting,	★V-15 Living Things-Color
C-28 Scrapbooking**	★V-17 Scene-Color
C-29 Greeting Cards, Stationery, Quilting	★V-19 Still Life-Color
C-30 Holiday Ornaments	
C-31 Beadwork (incl. beaded jewelry)	
C-32 Jewelry (excluding beadwork)	
C-33	

\*\* Scrapbooks must be no larger than 12.5 X 12.5, no more than 20 pages(10 pgs. - 2 sides), and may not have been previously entered.

\*A member or student may enter only one photo in a particular category, but may compete in multiple categories and need not have won blue ribbons or equivalents at District.  
\*Be sure to label the photo Member or Student.

★ **REMINDER:** Your photography entries for the GFWC-MN State Convention must strictly follow the GFWC guidelines as described in the *GFWC Club Manual* under "GFWC Photography Contests". You can download this information along with the mandatory *Waiver Form* from the GFWC-MN website or the International GFWC website.

★ If you have any Arts & Crafts questions, there are many ways to find your answers. Direct your questions to your Club Arts Chair, or your District Arts Chair, or contact Dorothy Anderson at 320-254-3296.

#### ENTRY GUIDELINES AND DEADLINES

##### STATE LEVEL

- Clubs must send entries to their respective State Writing Contests Chairman for state-level judging.
- State entry deadlines are determined by the respective State Federation.
- State Writing Contest Chairmen shall select judges, who will evaluate submissions and select a first place winning entry in each category.
- State Writing Contest Chairmen should keep in mind the national deadline when arranging for state-level judging.



**Go.  
Make.  
Art.  
Today.**





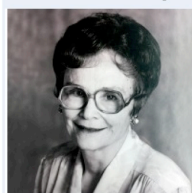
## REMEMBERING

**J. Joyce Lander**



Edina Federated Women's Club GFWC is sad to announce that club member Joyce Lander age 75 passed away on November 19, 2016. Joyce joined EFWC in 1973 and was a valued member for (43) years. From the day that Joyce joined the club, she got involved by becoming the Treasurer-Elect, the Treasurer, and chaired many committees such as Santa House, Philanthropy, Social, Evening Programs and Nominating. Joyce had retired in June after working for (37) years and was looking forward to enjoying her many club friendships and playing bridge. Joyce is preceded in death by her loving husband Leon and survived by one daughter, two sons and six grandchildren. Joyce will be greatly missed.

**Carol L. Kempf**



GFWC Bloomington Federated Woman's Club member Carol L. Kempf passed away on January 2, 2017. Carol joined GFWC-BFWC in 1965, three years after it was founded and federated. She was a dedicated member for (51) years and served as president in 1984-1985. Carol sang in her church choir, was a member of the Priscilla Circle, a Girl Scout Leader, and volunteered for Meals On Wheels and the Martin Luther Manor Auxiliary. Carol was a talented violinist and organist. She enjoyed traveling, family camping trips and her bridge clubs. Carol was born in Jamestown, ND and graduated valedictorian of Jamestown High School in 1944. In 1947 she graduated from the U of M Nursing School. Carol is preceded in death by her loving husband James and is survived by one daughter, two sons, five grandchildren and one great grandson.

★ **The GFWC Bloomington Federated Woman's Club had their annual Scholarship Fundraiser** on Saturday November 5th at the Minnesota Valley Country Club. The event was a "Scholarship Luncheon, Style Show & Market Place". It included many vendors who donated 15% to 25% of their sales for the day. CABI put on a great style show and was generous, as usual, with their donation. Some of the club members got into the spirit by selling embroidered towels, and of course, there was the usual 50/50 Drawing to add to the fun. Over 200 woman attended and enjoyed an excellent lunch, great decorations and lively conversations when the ladies connected with old friends. The proceeds from the event will go to a 2017 woman graduate of Jefferson High School. The club's Scholarship Committee along with the high school councilors select the best student candidate based on her academics, volunteer activities and dedication to the community. BFWC also gives a \$2000 scholarship to a student who will be attending a four year college and \$1000 is given to a student who will be attending Normandale Community College. At the club's May General Meeting their scholarship students will be invited to attend the luncheon along with her guest and she will be asked to talk about her plans for the future. The club states, *"We are always amazed at how accomplished these young women are. It gives us all a renewed hope for the future."*

★ **GFWC Grand Rapids North Star Women's Club held their annual Pajama Party** on January 10th. Club members donated (46) pairs of pajamas for women and children along with slippers, robes, blankets, socks and personal care items to the "Advocates for Family Peace" Domestic Violence Shelter in Grand Rapids. The total in-kind value of all their items exceeded \$1000.00!



**SUBSCRIBE TODAY!!** to the **GFWC Clubwoman Magazine**. . .don't miss out on this valuable informative publication! You can use the subscription form online at [www.GFWC.org/news-publications/clubwoman-magazine/](http://www.GFWC.org/news-publications/clubwoman-magazine/) or by contacting GFWC Membership Services at **202-347-3168** or GFWC Headquarters toll-free at **1-800-443- GFWC (4392)**.

**GFWC Clubwoman Magazine** is the premier publication of the General Federation of Women's Clubs, and one of the most useful and beneficial communication tools we have to inform and educate our members. Published bi-monthly, the magazine is a source for insightful and informative content that keeps subscribers in tune with all things GFWC. In addition, Clubwoman Magazine promotes regular features each issue, such as: "President's Letter" (words of wisdom from the GFWC International President), "Bits and Bites" (all the news that's fit to print – in bite-sized bits!), "GFWC Shares" (a fun, visual snapshot of what is going on in GFWC's social media universe), "I'm A Clubwoman" (a spotlight feature on one outstanding clubwoman making a difference in her community), "Volunteers In Action" (snapshots of the great community work GFWC clubs around the country and the world have accomplished), and last but not least the "Call To Convention" (every March+April issue contains this essential feature, which highlights the most up-to-date info on the upcoming GFWC Annual Convention in June).

★ **Club Presidents, Don't forget** – One complimentary copy of Clubwoman Magazine is delivered to each club president at her home address. Are you getting your complimentary copy? This is your club's magazine. Be sure to pass it around and make it available to your officers and members at your club meetings.