



President's Summer Newsletter May - July

GFWC COME BUILD WITH US!

Our new GFWC-MN President, Pat Mumm addressed us at the GFWC-MN State Convention and announced her administration's theme **"Come Build With Us!"**



"Our theme encompasses my second favorite non-profit organization, 'Habitat for Humanity' (my first favorite organization of course is GFWC) and includes building our clubs, our communities, our Districts, our Region, and International along with building our self confidence, our self worth, and our mental physical and spiritual health.

I think it all needs to start with building self-confidence in ourselves. We can do anything we set our minds to if we have self-confidence. If we believe in ourselves, we can help others to believe in themselves. When your whole club has built confidence in themselves you are ready to start building your club. The more visible you are in your communities the more likely you are to find new members to build your club. As you build your club, you also build your District, your state, your Region, and even GFWC International.

One of the things I hear from time to time is "We want to keep our money in our community. Why should I send money to GFWC International, Minnesota, or the District?" We need to look at the big picture... seat belt laws, child labor laws, eight-hour workdays, white lines on the highway, 75% of the nation's public libraries, and many many more projects were accomplished by GFWC. These were things that an individual club could not have done by themselves, but together we can do anything. We will always continue to do lots of great things in our communities, but the \$15.00 we send to GFWC International is money well spent.

Each Club President gets a free copy of the 'GFWC Clubwoman' magazine and all clubwomen can subscribe to the magazine. All club members have access to the International and the State websites where you can look up anything you would like to know related to GFWC. You can also subscribe to the GFWC 'News & Notes' or connect with GFWC through the social media of Facebook, Twitter and Pinterest. If you don't have a computer or Internet access, make sure your club president knows this and she can make sure you get the information you want. Also, the officers and board members of GFWC-MN or GFWC International are always happy to answer your questions or point you in the right direction.

Lastly, GFWC-MN had a membership contest in 2015 and we will have another contest in 2016. There were (54) new members reported in 2015, so here's a new goal for you. Let's double that number in 2016! We are building our organization!!

I look forward to working with you during the next two years and I know together we can do anything so

"Come Build With Us!"

Starbuck GFWC Study Club Proudly Ride in their Community's July "Heritage Days" Parade



Club members enter in the parade every year with some kind of appropriate theme about their club's latest activities. A lot of fun goes into creating the float each year. Pictured in the convertible is Starbuck GFWC Study Club member, JoAnn Holten and her husband Jerry, who were selected to be the Parade Marshals. Through the years many of the club's members have been selected as the parade marshal, it certainly is rewarding to get such great recognition for all the things the Club enjoys doing for the community.



The Northwest District Convention was held in Stephen, MN on April 16th and new officers were installed. Pictured left to right are President Tamar Dagg, Secretary Jodi Beeson, Treasurer Gloria Thompson.



GOT FACEBOOK?

Be a friend on "GFWC of Minnesota"!!



(front row L. to R.) Judy Loewe, GFWC-MN Pres. Pat Mumm, GFWC Dir. Of Junior Clubs Cathy Jo Canterbury, GFWC Pres. Babs Condon, GFWC-MN Past Pres. Pat Stevermer, GFWC-MN Pres. Elect Jean Walker, (back row L. to R.) Kathy Armstrong, Arlene Clapp, Morgan Mithun, Linda Blue, Sherry Wellman, Kay James, Laura Bergman, Karen Kaler



CONGRATULATIONS JUDY!

Judy Loewe, Ladies Tourist Club GFWC, Henderson, MN proudly shows us her "International GFWC Jennie Award Runner Up Certificate" presented to her by GFWC President Babs Condon. Previous to Baltimore, Judy had been honored as the 2014-2016 GFWC-MN Jennie Award winner and she was one of two selected by MVR advancing her to International. Judy also got a national award for her photography.



CONGRATULATIONS LINDA!

Pictured is Linda Blue (right), GFWC-MN 2nd Vice President receiving her L.E.A.D.S. Certificate and Wings from the International GFWC Leadership Committee Chair T. Jablanski.

Also, CONGRATS TO GFWC-of-MN for winning a HOBY Award and being given \$50.00 for having increased our number of subscriptions to the GFWC Club Woman magazine!



Keep Each Other Posted

MARK YOUR CALENDAR!

September 22 – 25, 2016
Mississippi Valley Region (MVR)
Conference
Excelsior Springs, MO

2017 GFWC-MN

District Conventions

Central	April 6	Blackduck
East Central	April 18	Edina
Northeast	April 18	Virginia
Northwest	April 8	Fosston
Southeast	April 22	Winthrop
Southwest	April 1	Windom
West Central	April 22	Starbuck

June 23 – 26, 2017
GFWC International Convention
Palm Desert, CA

August 11 & 12, 2017
GFWC-MN Fall Council
Little Falls, MN

April 24 – GFWC Federation Day

If you haven't yet subscribed to **News & Notes**, the best source for all things GFWC, what are you waiting for? Signing up is easy and gives you access to timely news items from around Headquarters, our partners, and our work on a national and local scale. Simply provide your name, mailing address, email, and club name to GFWC Membership Services Manager Kate Garlick at kgarlick@gfwc.org.

★ **Do you have GFWC club news you would like published?** Just mail or email your article & photos to: **Karla Mayhew, 5243 Minnetoga Terrace, Minnetonka, MN 55343 or karlamayhew@comcast.net**

★ The deadline for the next newsletter edition is **October 31st**.

Want all the latest **GFWC-MN** information and updates? Go to: www.gfwcofmn.org

Want to know absolutely everything about **GFWC**? Visit: www.gfwc.org or connect to their other social media platforms:





GFWC Potpourri Glenwood Members Sew "Operation Smile" Dolls in April

Darlene Femrite reports, "With mounds of white batting and needles flying, what better way to reunite after our three month winter break than sewing together and catching up with each other's lives!

Chair Linda Larson kicked off the project in the fall by encouraging members to sew (dolls, quilts) and our non-seamstresses members to turn and press the dolls so at last we were ready in April to complete this most worthy cause."



IN MEMORIAM



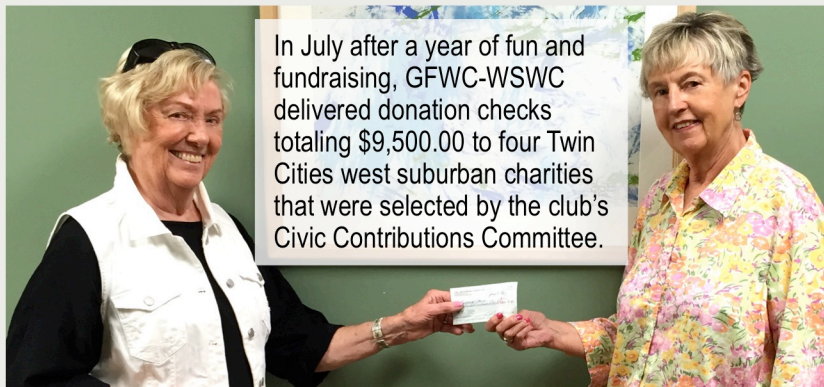
Margaret B. Arazi passed away on June 29, 2016, three days before her 100th birthday at her home in Bloomington, MN. Margaret was born in Minneapolis and raised on the Iron Range in Keewatin, MN where she graduated from high school in 1934. In 1938 she graduated from the U of M. and in 1954 Margaret settled in Bloomington with her husband Ishaq where they raised their son and daughter. She worked most of her life retiring in 1982. Margaret joined the GFWC Bloomington Federated Woman's Club in 1989 and was an active member for (27) years. She was an avid reader and the GFWC-BFWC Book Club enjoyed her wonderful sense of humor and her interesting book reports.

Ruth Serres, age 85 , of Fairfax County, VA passed away on April 28, 2016. She is survived by a son, Anthony and a daughter, Nichola and preceded in death by her husband Eugene. Ruth joined the GFWC Bloomington Federated Woman's Club in 2012. In addition to attending the club's monthly luncheons and meetings, Ruth was an avid bridge player who enjoyed playing in the GFWC-BFWC bridge group. Ruth was also Past President of the Marian Council Ladies Auxiliary and a past member of the MN Valley Country Club.



Celebrate the beginning of GFWC International President Sheila Shea's administration by downloading the 2016-2018 GFWC Club Manual! Sheila is excited to kick off her administration by releasing this valuable membership tool, which is filled with hands-on projects and ideas that your club can implement on a local level. The Club Manual is a guide to GFWC's Signature Programs and Community Service Projects, Advancement Areas, and more, making it a 'must-have' resource for anyone who wants to learn more about GFWC. If you're looking for a document to guide your club throughout the year, look no further than here! In addition to in-depth information about GFWC's areas of focus, the Club Manual includes an overview of GFWC Awards, Contests and Grants. The Club Manual is a living document that will be continually updated to reflect new information. It's one of the best ways to promote GFWC on a grassroots level. To view or download the Club Manual, visit <http://bit.ly/GFWCClubManual>.

The GFWC West Suburban Women's Club Really Delivered!!



In July after a year of fun and fundraising, GFWC-WSWC delivered donation checks totaling \$9,500.00 to four Twin Cities west suburban charities that were selected by the club's Civic Contributions Committee.

(pictured left) Club committee member, Connie Ryan is presenting a \$3,250.00 donation check to Pam Anderson, Development Director of "Helping Paws" an incredible service dog training organization in Minnetonka.



(pictured left) Gloria Johnson, a club committee member is presenting a \$1000.00 donation check to Vicky Couillard, Executive Director of "Vail Place" in Hopkins. Vail Place is a friendly clubhouse environment cultivating hope and inspiring change to promote mental health recovery.



(pictured right) club committee member, Lorraine Prazich is presenting a \$3,250.00 donation check to "Youth Moving Forward". YMF is a voice for homeless youth and youth at risk of becoming homeless. They engage legislators, policy makers, community members, and with strong involvement from youth, they work to ensure housing stability, opportunities for education, and healthy transitions from foster care to adulthood.



(pictured left) Joyce Hinderks, the club Committee Chair is presenting a \$2000.00 donation check to "Perspectives" in St. Louis Park. They are a multi-program, human service agency for women and their children suffering from addictions, mental illness, and poverty. Perspective's innovative programs move women and their children out of cycles of despair into hope.



On July 27th the GFWC Northeast District (Grand Rapids, Hibbing, Virginia, & Medallion Club) gathered for a brunch at the Duluth Women's Club to honor the GFWC Twentieth Century Club. Recently the twelve GFWC 20th Century members regretfully voted to disband the club due to aging membership and their inability to participate in the organization. In 1898, the club was founded and federated with 230 members. Longtime member, Mabel Schauland read the history of the club which received the WHRC Award at the 2016 State Convention. Carol Johnson, from International Falls, spoke about Medallion Club membership and stated, "We're going to deeply miss you and the presence of this club in the community." Alyce Santa, out-going GFWC District President and President-Elect of the Duluth Club said "There's a feeling of sadness" Muriel Lehman, a GFWC 20th Century club member for 35 years spoke "The group afforded me opportunities to learn about and help my community. I would never have done it alone, but together we have done so many wonderful things." Everyone agreed that we are going to truly miss our GFWC sisters.



(L. to R.) Karen Erickson, Mabel Schauland, Alyce Santa, Petey Semmens, Maxine Lodmell, and Muriel Lehman

GFWC Nevis Study Club in Park Rapids celebrate summer with petunias, pigs and parades! The club planted ten barrels of wave petunias in Muskie Park along the hiking trails and underneath two stone columns welcoming visitors to Nevis. Additional petunias and summer flowers were placed around the Park's flagpole. Also, the club did the raking and clean-up around the Park's Visitors Center. Every July the club holds their now famous "Pig Cookies Fundraiser" at the town's annual Pig Races. They also have sponsored and named a pig. Using custom made pig cookie cutters made by a member's husband, seven members worked a total of (55) hours making (37) batches of dough at home. Rolling, cutting, baking, drying, frosting, decorating, and packaging took place at the Nevis Senior Center. The club has been known to sell out before the second afternoon race!

On July 30th the club sponsored the annual "Kiddie Muskie Days Costume Parade". This fun event is attended by a large number of summer visitors as well as children from Nevis and surrounding towns. Each child is given \$5.00 at the end of the parade. Lastly, the club is sponsoring a high school student entering his/her sophomore year this fall and who will attend the "Youth MN Mile Leadership Program". It's an awesome program! The student will make a report at the club's November 'Focus on Education' Meeting.

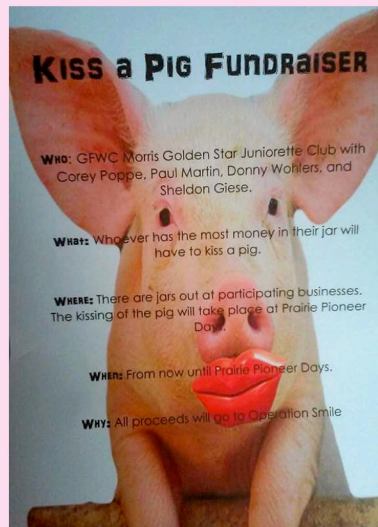
GFWC Potpourri Glenwood's Summer Outing Was an Udder Delight!

Darlene Femrite reports, "Traveling to Brooten, MN to visit the "Redhead Dairy & Creamery" took some GPS 'recalculating', but it was well worth the effort. Experiencing a dairy operation revealed how much milking cows has changed since we were young girls. We were amazed at the science, record keeping, hay production, and

medical care involved! The Redhead Creamery is on the same site started by the red-headed daughter of the parents running the dairy. She had a dream, earned the credentials and makes wonderful cheese that is shipped far and wide. The cheese sampling in a charming setting was a delightful ending to our tour." Pictured with the cows are Yvonne Anderson & Margaret Warner. Of course, before going in for the samples, Colleen Gandrud (left), with the help of a dairy worker, had to clean her shoes after visiting the dairy!



The GFWC Morris Golden Star Juniorette's "Kiss a Pig" Fundraiser was a huge success!



Have you ever kissed a pig?... no, I mean a 'real' live farm pig! Well, the Juniorettes offered everyone that chance at their fundraiser. They earned a whopping \$700.00 to donate to "Operation Smile"! If you want to read more about the Juniorette's wonderful story or see some great photos, go to **GFWC Facebook** or the July 14th edition of the **GFWC News & Notes**. Did you know that Operation Smile is one of GFWC's International Outreach partners?

NORTHWEST DISTRICT'S GFWC ZELIANS MADE FRONTPAGE NEWS!



Zehlians Art Project



GFWC Zehlians Member Ruth Ostly looked over Challenger Elementary School 5th grader Phillip Cloud's artwork on Monday, May 23rd. Through an Arts Legacy grant, the Zehlians funded a 5th grade art project led by artist Christine Foster.

Challenger Elementary School fifth graders recently learned about art from Thief River Falls artist Christine Foster. The art lessons were made possible with assistance from the GFWC Zehlians. Paula Praska's fifth grade is pictured. Pictured are (front row) Brylie Williams, Phillip Cloud, Charles Berry, Kate Johnson, Carli Prickett, Jonah Lunsetter, Noah Haugen, Kayden Rekow, Tucker Harding; (middle row) Cora Hintz, Miranda Anderson, Annie Olson, Britlyn Johnson, Amelie Heaton, Jackson Ingram, Ridge Fisher, Jayden Smith; (back row) Zehlians President Tamar Dagg, Zehlians member Jean Larson, artist Christine Foster, Zehlians member Lois Bergland, teacher Paula Praska, Preston Green, Brayden Anderson, Isaac Mauch, Megan Peterson, Dre'Ann Neadeau, Josephine Skoblik, Cole Desrosier, Zehlians member Gretchen Beito and Zehlians Treasurer Deb Lunke.

Revealing their inner talent

Zehlians sponsor art project for fifth graders

by April Scheinoha
Reporter

Challenger Elementary School fifth graders have found their inner artists. As fifth grade teacher Paula Praska noted, recent art classes helped her students find a talent they didn't know they had.

The GFWC Zehlians sponsored an art project benefitting all CES fifth graders. As part of the project, the students received four art lessons from Thief River Falls artist Christine Foster.

The Zehlians started the project in memory of the late

Margaret Saetre, who was a member of the group. The project continued with funding from an Arts Legacy grant provided through the Northwest Minnesota Arts Council. As part of another art program, Zehlians President Tamar Dagg said the Zehlians taught students about art and authors.

Through her classes with the students, Foster hoped to instill confidence in their artistic abilities and show them that they don't need a lot of money to create art.

As part of the classes, Foster taught the fifth graders how to see differently. Using the example of

drawing a picture of a hand, she said people will rely on the left side of their brains to draw the picture. The left side, she said, would lead the students to quickly draw the hand in a way that people would typically use to draw a hand.

Foster taught the students to use the right side of their brains to draw. To foster this technique, Foster had the students slowly draw a picture of their thumbs without looking at the sheet of paper. In these continuous contour drawings, the students learned to see the shape and contour of

(Continued on Page 11)



Artist Christine Foster worked with Challenger Elementary School fifth grader Kayden Rekow as part of an art project facilitated by the GFWC Zehlians.

Inner artist/Continued

(Continued from Page 1)

their thumbs. Once they see things in this matter, Foster said the students are able to see and draw anything.

Along the way, the students were also taught the six elements of art. Praska's fifth grade students were able to rattle off the elements for some of the Zehlians who visited their classroom. The elements include shape, color, line, value, space and texture.

With this background, the fifth graders soon created still life drawings. First, they drew items selected by Foster. Then, after they practiced their craft, the students created still life drawings of items they have selected.

The fifth graders' artwork will be displayed now through Thursday, June 30 at the Thief River Falls Public Library.



Winthrop GFWC Woman's Club was proud to be in the Winthrop "Farm City Funfest" Parade on July 10th. Driving is Diane Fredin, SE District Treasurer & outgoing Club President. In the back seat are Yvonne O'Brien & Karen Klenk who are the incoming Co-Presidents of Winthrop GFWC. The snappy red convertible has their magnetic club sign.

This summer opportunity knocked on Winthrop GFWC's door . . . Winthrop is hosting four "Music in the Park" Events and a call came to Winthrop GFWC to also host the refreshments at one of the events in August. Club President, Diane Fredin and Secretary Barbara Dietl have pulled together the beverages and bars for the outdoor event. Typically one hundred people attend and GFWC is more than happy to bake bars and serve for a good cause. The refreshment donations will be given to St. Jude's Children's Research Hospital.

GFWC-MN 2016 Fall Council was held July 22nd & 23rd at the Franciscan Sisters Convent in Little Falls, MN. It was a very fun & informative event!



We got to see the brand new International GFWC video. It gave us an opportunity to reflect on our history as an organization and to celebrate GFWC's accomplishments. From initiating a letter-writing campaign that led to the passage of the Pure Food and Drug Act of 1906, to establishing 75% of America's public libraries, GFWC members have advocated for positive changes in their communities for the last 126 years. Celebrate these achievements, promote your club, and demonstrates how GFWC is "Opening Doors" through volunteer service by showing this new GFWC video to your club or district. It is available for viewing on the gfwc.org website.

The GFWC Medallion Club was discussed. This is a club for long-time GFWC members who can no longer participate in GFWC whether it is because of health issues or there is not a GFWC club in their area. We do not want to loose these valuable members, many of them have been involved with GFWC for decades and have so much GFWC history and knowledge. We need to make every effort to share information and let them know what's happening. Some members at the council meeting volunteered to contact the medallion members and update our contact information for them. Does every district have a Medallion Club Representative that maintains the contact info and keeps them connected?

The GFWC-MN Program Chairs and the President Appointed Personnel came to the podium and gave us a brief overview of their programs or appointments. Stay tuned for the next edition of the President's Newsletter (August-October), it will have important detailed information from these ladies that is valuable to all club and district presidents. Here are a few of the up-coming topics: 2016 GFWC Annual Club Reports, 2017 Empowering Woman, the 2016-2018 Jennie Awards, the Community Improvement Program (C.I.P.), and GFWC Legislation & Public Policy.

GFWC Morris Golden Juniores President Morgan Mithun sold bags of 'Terri Lynn Nuts' The proceeds will be given to MVR to help fund the 2018 GFWC National Convention in St. Louis, MO.



Thank you to our GFWC-MN Chaplain, Lucy Larson for her uplifting "thoughts of the day" and the nice table graces. **Lucy would like everyone to remember** to send her your club member's obituaries (starting back to May 2016). Include your District, club, and city info along with your passing member's name, death date, years as a member, and any club, District or State offices she held.

A motion was passed that the GFWC-MN Secretary send a letter of sincere regret to the GFWC Duluth 20th Century Club and the GFWC Athena Woman's Club of Stephen. These two valued clubs sadly voted to disband due to their aging members and inability to continue contributing to the GFWC organization. We will dearly miss these GFWC sisters. Also, a letter of regret will be sent to the GFWC Hawley Woman's Study Club due to their unfortunate decision to de-federate.

President, Pat Mumm wants to encourage everyone to attend next year's Fall Council. There is so much valuable information shared. **Mark your calendar for August 11 + 12, 2017!** There have been some changes made by the convent making room reservations easier and less confusing.

A warm welcome went out to the first time Fall Council Attendees



GFWC-MN President Pat Mumm

A Message From Jean Walker, GFWC-MN President Elect, Dean of District Presidents and GFWC-MN Membership Chair

"I am looking forward to the next two years as your Membership Chair and it looks like it is going to be a busy two years! As a TEAM we will work together to promote membership throughout the state. We have to remember we have to keep our membership growing because if we aren't here in fifteen years who will be around to help our communities? The General Federation of Women's Clubs is proudly represented in our communities around the state by dedicated volunteers working to better the lives of our neighbors, make towns safer and more beautiful. So these next two years let's work on gaining new members and maybe even start a new club or revive one that is just hanging on. If we work together we can accomplish these goals." I have a note to the District Presidents, I will keep in touch with all of you with updates on what is happening with membership."

Sincerely, Jean Walker, GFWC-MN President Elect, Dean of District Presidents, and Membership Chair
426 E Ross Avenue, Warren, MN 56762, jmwalker1992@gmail.com, Cell: 218-686-1829



Edina Federated Women's Club/ GFWC proudly rode in the City of Edina's 4th of July Parade. Pictured (L. To R.) Eunice Groschen, Rosie Gubrud, Marie Kalich, Kay Manthe



The Edina Federated Women's Club/GFWC ended their year in May with Their annual "Spring Fling Dinner" where they installed their new President, Jill Atkins and their new board members. Jill's theme is "Pay It Forward".

EFWC/GFWC members do not take the summer off. . . members volunteered to staff shifts at the MN Showcase Home Tour working (44) hours and earning \$525 which was donated to "Edina Give and Go". EG&G's mission is to bring life and learning opportunities to Edina Public Schools' students who are economically disadvantaged.

EFWC/GFWC was happy to report that after many years, they were represented at the GFWC International Convention in Baltimore, MD by Arlene Clapp and Kathy Armstrong. Arlene learned a lot about recruiting new members as well as having a very memorable time.

EFWC/GFWC wishes everyone a safe and enjoyable rest of the summer!



GFWC Edina Federated Women's Club's "Friendship Network Team" delivered a variety of pastries to the Edina Police Department to express their appreciation for all that they do to keep Edina safe. Pictured far left is LaRae Ellington Hovland, far right is Linda Larson.

In the last few months, we have seen how gun violence has taken the lives of citizens and law enforcement. Too many families and communities are suffering tremendous loss. Our GFWC thoughts and prayers go out to the families, the communities, and the nation.

A MESSAGE TO EVERYONE FROM KAREN KALER, THE 2018 GFWC INTERNATIONAL CONVENTION CHAIR:

"We are truly excited that we are the first Region ever to host a GFWC International Convention. This means, all seven states in the Mississippi Valley (MVR) Region will be helping with this event. Since we are the first ever to do this, we really want to do it right!

Please mark your calendars and be in St. Louis June 22-26, 2018. This June over 800 women attended the 2016 GFWC Convention in Baltimore. The numbers should be close to this in 2018, since it is also an election year, but we would like to see 1,000 clubwomen there!

Our biggest task, at this time, is fundraising to support the event. I encourage your club or district to hold a fundraiser this year to help with the convention costs. It could be a 50-50 Raffle, Federation Bingo, Heads or Tails, or just Pass the Hat.

Early next spring, we should have our 'Patron Pins' available for sale. The Patron Pin will be the St. Louis Arch and it will be available in silver or gold. The cost of the Patron Pin is \$50.00 and those purchasing the pin will have their name in the 'Region Night Banquet' Program.

All fundraising monies should be sent to Pam Mithun, GFWC of MN Treasurer. 46653 208th Street, Morris, MN 56267. Please mark the check with 'GFWC St. Louis Convention'.

A lot of volunteers will be needed to serve as greeters, ticket collectors, table hostesses, door pages, fundraising table helpers, and table decoration placement. Kay James is co-chairing this committee, so please contact her at kaydon@paulbunyan.net if you are able to help.

We are also looking for items for our 'Welcome Table'. The table will be located near the GFWC Registration Table. We know that you will not be able to secure 800 of any one item, but if you have a business in your town that is willing to donate even 50-100 of an item, we will take it! We are looking for things like post-it notes, non-perishable food items such as granola bars, wrapped candy, pens, pencils, highlighters, etc. Kathy Palermo from MO is the Chair for the Welcome Table. You can contact her at kathypalermo@hotmail.com or just let me know what items you have collected.

At this time, we are still very much in the beginning of our planning stages. As we know more, we will put the information on the GFWC-MN website and in future Newsletters. If you have any questions, please feel free to contact me."

Thank You,

Karen Kaler, GFWC 2018 Convention Chair
952-237-6020